

Natural Beauty Tours 14 Days

Day 1: Arrival in Colombo and Transfer to Negombo

Morning:

- Arrive at Bandaranaike International Airport.
- Transfer to Negombo (about a 20-minute drive).

Afternoon:

- Check into your hotel.
- Relax on Negombo Beach.

Evening:

- Enjoy a seafood dinner at a beachfront restaurant.

Overnight:

- Stay in Negombo.

Day 2: Negombo to Matale

Morning:

- Drive to Matale (approximately 3.5 hours).

Afternoon:

- Check into your hotel.
- Visit the Matale Spice Garden.

Evening:

- Explore the Aluvihare Rock Temple.

Overnight:

- Stay in Matale.

Day 3: Matale to Knuckles Mountain Range

Morning:

- Drive to Knuckles Mountain Range (approximately 1.5 hours).
- Check into a lodge or eco-camp.

Afternoon:

- Begin exploring with a short trek in the Knuckles Range.

Evening:

- Enjoy the serene environment and dinner at the lodge.

Overnight:

- Stay in Knuckles Mountain Range.

Day 4: Knuckles Mountain Range

Full Day:

- Full day of trekking in the Knuckles Mountain Range.
- Explore diverse flora and fauna, waterfalls, and scenic viewpoints.

Evening:

- Relax and unwind at the lodge.

Overnight:

- Stay in Knuckles Mountain Range.

Day 5: Knuckles Mountain Range to Nuwara Eliya

Morning:

- Drive to Nuwara Eliya (approximately 4-5 hours).

Afternoon:

- Check into your hotel.
- Visit a tea plantation and factory.

Evening:

- Explore Gregory Lake and the surrounding area.

Overnight:

- Stay in Nuwara Eliya.

Day 6: Nuwara Eliya**Morning:**

- Visit Horton Plains National Park, including the hike to World's End and Baker's Falls.

Afternoon:

- Return to Nuwara Eliya and visit Victoria Park and the Post Office.

Evening:

- Enjoy a relaxing evening in the town.

Overnight:

- Stay in Nuwara Eliya.

Day 7: Nuwara Eliya to Hatton**Morning:**

- Drive to Hatton (approximately 1.5 hours).

Afternoon:

- Check into your hotel.
- Visit tea plantations and the Castlereagh Reservoir.

Evening:

- Relax and enjoy the cool climate.

Overnight:

- Stay in Hatton.

Day 8: Hatton and Adam's Peak

Morning:

- Explore the area around Hatton, visit local tea estates, and enjoy the scenic beauty.

Late Night:

- Start the midnight hike to Adam's Peak (Sri Pada) to reach the summit for sunrise.

Overnight:

- Prepare for the hike, rest, and stay in Hatton.

Day 9: Hatton to Ella

Morning:

- After descending Adam's Peak, rest and have breakfast.
- Drive to Ella (approximately 4 hours).

Afternoon:

- Check into your hotel.
- Visit the Nine Arches Bridge.

Evening:

- Explore Ella town and have dinner at a local restaurant.

Overnight:

- Stay in Ella.

Day 10: Ella

Morning:

- Hike to Little Adam's Peak.

Afternoon:

- Visit Ravana Falls and Ravana Cave.

Evening:

- Relax and explore more of Ella.

Overnight:

- Stay in Ella.

Day 11: Ella to Haputale

Morning:

- Drive or take a short train ride to Haputale (approximately 1 hour).

Afternoon:

- Visit Lipton's Seat and Dambatenne Tea Factory.

Evening:

- Enjoy the cool climate and relax.

Overnight:

- Stay in Haputale.

Day 12: Haputale to Sinharaja Forest Reserve

Morning:

- Drive to Sinharaja Forest Reserve (approximately 4 hours).

Afternoon:

- Check into your eco-lodge.
- Begin exploring Sinharaja Rainforest with a guided tour.

Evening:

- Enjoy the serene rainforest environment.

Overnight:

- Stay in Sinharaja.

Day 13: Sinharaja Forest Reserve

Full Day:

- Full day of trekking and bird watching in Sinharaja Rainforest.

Evening:

- Relax at the eco-lodge.

Overnight:

- Stay in Sinharaja.

Day 14: Sinharaja to Colombo

Morning:

- Breakfast and check out.
- Drive back to Colombo (approximately 3.5-4 hours).

Afternoon:

- Check into your hotel in Colombo.
- Optional: Last-minute shopping or exploring Colombo.

Evening:

- Farewell dinner at a local restaurant.

Overnight:

- Stay in Colombo or prepare for departure.

This revised itinerary minimizes travel time while ensuring you experience the best of Sri Lanka's lush green and cool weather regions.